PERSPECTIVE FROM THE FRONTLINES

CELEBRATING OUR 43RD YEAR OF RESTORING HOPE



CABARRUS COUNTY WE'RE GROWING [OLDER] IN CABARRUS COUNTY

"When the water rises, all boats rise." is a truism often applied to the benefits of a strong economy and growth. However, when the water rises and your small boat has long since moored to a fixed object, your circumstances can quickly become disastrous.

Population growth has created a housing shortage in Cabarrus County. This growth will continue well into the future. The highest rates of population growth will be in the number of residents 65 and older, at five times the number of 35 to 44 year olds.

My mother is a vibrant eighty-five year old senior who lives alone, does yoga classes, chair exercises, volunteers in a third grade classroom, drives herself to the grocery store and wouldn't think about missing church on Sunday just to rest. She has forty-two great grandchildren and she keeps up with every birthday. She also buys eggs six at a time, opens a package from the grocery store to freeze half of it and pays over seven dollars per gallon for milk. Buying milk one quart at a time is expensive.

She is fortunate my three sisters live close to her home in Western North Carolina. My father was a homebuilder; consequently, she lives today in a home she owns outright, but don't ask about property taxes for a person making ends meet on fixed income. I know this - as long as my father's blood runs through my family tree, my mother will never be without a place to call home. COOPERATIVE CHRISTIAN MINISTRY

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Unfortunately, there are increasing numbers of seniors, male and female, who do not have the blessing of extended family. Even owning their home does not insulate them from escalating taxes, the burden of maintaining the home and the rising costs of everything.

The 2024 Housing Gap study indicates over 30% of fixed or low-income renters are 65 and older. The sudden loss of a spouse can disrupt the delicate financial balance and threaten the stability of a surviving senior. When a fixed income senior, living at or below the area median income loses their housing, without equity to carry forward, it is nearly impossible to "re-house" independently in Cabarrus County.

Being born before color television, finishing school before personal computers or deciding just to sit out this artificial intelligence "thing" does not diminish the extreme value that our seniors bring to the social, educational, civic and moral fabric of our community. We need to meet our most vulnerable neighbors where they are and keep them in the game.

IT STARTS WITH STABLE HOUSING.

THE REBUILDERS CAMPUS UPDATE

GRACE PLACE @ CAREMOOR: A NEW CHAPTER IN COMPASSIONATE CARE

In August 1993, Tom and Teresa Kincaid opened the doors to a new assisted living facility, Caremoor Retirement Community (CRC), born from a vision sketched on a napkin. Over the years, the demand for safe and reliable care for seniors has grown, prompting Caremoor to expand its offerings. Today, it includes independent living apartments, family care apartments, and a family care home, all designed to meet diverse needs.



MADISON SCARBOROUGH

In December 2023, the Kincaids made a significant decision, selling CRC to Cooperative Christian Ministry (CCM). This transition is rooted in their desire for Caremoor to continue its legacy of compassionate, affordable care in Kannapolis and the surrounding region. The facility has now rebranded as Grace Place @ Caremoor, ensuring it remains a progressive retirement community dedicated to providing excellent care for senior adults. Madison Scarborough, the new Administrator and daughter of the founders, shared her thoughts on this important change.

WHAT DOES IT MEAN FOR CAREMOOR TO JOIN CCM?

"Joining CCM is a crucial step for Caremoor," Madison explains. "It provides us with longevity and sustainability, allowing us to serve our community in multiple ways. My parents built Caremoor from the ground up and ran it for 30 years, instilling in me the importance of service. Now, we have the opportunity to grow even further."

A PERSONAL CONNECTION TO THE MISSION

For Madison, this transition is more than just a professional milestone; it's a personal calling. "Being part of CCM is a blessing. I've always been passionate about serving the elderly, and now I have the chance to extend that service to more members of our community as Caremoor evolves. I look forward to the day when we have children on campus, bringing new energy and joy. What has always felt like a job will transform into mission work, providing deeper personal satisfaction and purpose."

As Grace Place @ Caremoor embarks on this new chapter, it remains committed to its mission of safe and reliable care for seniors, leveraging the benefits of nonprofit status to ensure broader access to independent retirement living. Together, we look forward to a bright future of compassionate care and community growth.

For more information visit Caremoor.com.



LEARN & GIVE

EXCITING NEWS FROM BROWN MILL

We've just launched brand-new social media pages dedicated to the Rebuilders Campus at Brown Mill! Follow us on <u>Facebook</u> and <u>Instagram</u> for weekly updates, exclusive videos, and the latest on everything happening at The Rebuilders Campus. If you're curious about the progress and what's coming next, be sure to follow along!

SPOTLIGHT ON THE BROWN MILL BICYCLE MINISTRY: SPREADING JOY THROUGH CYCLING

Did you know that the Brown Mill campus is home to a remarkable Bicycle Ministry? Each year, this dedicated team refurbishes and donates bicycles to the YMCA Empty Stocking Fund, and our housing residents, ensuring that many children in our community receive a special gift during the Christmas season.

The Empty Stocking Fund has been a beacon of hope for families in Cabarrus County and Kannapolis for 87 years, providing gifts to kids and teens aged sixteen and under. Thanks to generous donations and the hard work of volunteers, this initiative continues to bring smiles to countless faces during the holidays.

Get Involved with the Bicycle Ministry!

Are you interested in learning more about the Bicycle Ministry or eager to lend a helping hand? The Bicycle Ministry welcomes volunteers of all skill levels. Whether you're handy with tools, passionate about refurbishing bikes, or simply want to help with organizing and distributing, your contribution can make a significant impact.

To find out more about the ministry's mission, upcoming events, or how to volunteer, you can reach out directly to jemminger50@gmail.com.

By supporting the Bicycle Ministry, we're not only giving the gift of mobility but also fostering joy and connection within our community. Together, we can make a difference this holiday season!



We're thrilled to share that at the recent Celebrate HOPE event on October 7th, Cooperative Christian Ministry (CCM) announced a special scholarship to help seniors access assisted living at Grace Place @ Caremoor. This initiative is named in honor of Ms. Corine Cannon, a dedicated advocate for our community. Ms. Cannon, who has long supported the residents of Cabarrus County, saw a need for better access to assisted living for retirees. She reached out to CCM via Robin Hayes, leading to the creation of this scholarship.

Ed Hosack, CCM's CEO, expressed his excitement about this initiative, stating, "This scholarship will help more people access the quality care they deserve, supporting our commitment to affordable retirement options." The scholarship will initially fund assisted living for two residents at Caremoor for two years. After that, residents will continue to receive care based on their ability to pay, ensuring they get the support they need.

Currently, the scholarship fund has \$60,000, and CCM aims to reach \$105,000 by December 1, 2024, coinciding with Ms. Cannon's 105th birthday. If you'd like to contribute, you can donate at <u>CooperativeMinistry.</u> <u>com.</u>

For more details about the work CCM does and how you can help, check out <u>CooperativeMinistry</u>. <u>com</u>.

PARTNER SPOTLIGHT

The CCM Food Program wrapped up another successful year of Mobile Food Pantries in October. Mobile Food Pantries are a partnership between Second Harvest Food Bank of Metrolina, Cooperative Christian Ministry, and local churches. Second Harvest provides a truck full (12 pallets, or an average of about 13,000 lbs.) of food. CCM provides the coordination and publicity, and the churches provide volunteers and help pay for some of the food and overhead expenses.

In 2024 we conducted six Mobile Pantries at four different locations:

- Bethel Baptist Church Ministries in Kannapolis (twice)
- Elevation Church-Concord (twice)
- St. James the Greater Catholic Church in Concord, and
- Bethel Church of Midland.

The Midland location was new for us, and although we had a smaller turnout, a lot of those folks came from areas not usually close to any mobile pantries. We are so grateful to these host churches for opening up their big parking lots, providing tables, chairs, restrooms, and sometimes refreshments, as well as some volunteers. All of these host sites (or related organizations) also sponsored or co-sponsored one of the events. At St. James Catholic, their Knights of Columbus was the sponsoring organization.

Other churches who also sponsored or cosponsored events were

- First Baptist of Kannapolis (MLK Jr. Avenue)
- Calvary Lutheran
- Connect Christian
- Poplar Tent Presbyterian, and
- Roberta Church

Thanks so much to these congregations who provided the funds and volunteers to make these events possible! You made a difference for many of our neighbors in need!

Through these wonderful partnerships we served an average of 206 households representing 733 individuals. Each household got an average of more than 60 lbs. of good, nutritious food, including some kind of meat, fresh produce, and a pre-packed box of great non-perishables.

We are beginning to build out our schedule for 2025. Any churches or other groups interested in sponsoring or co-sponsoring an event should contact our Food Program Coordinator, Jonathan McDaniel (JMcDaniel@CooperativeMinistry.com).

THANK YOU



CCM's Tutoring Program would like to thank Sergeant Ron Dorsey from the Concord Police Department for coming out and sharing with the students the duties and responsibilities of a police

officer. The students were engaged by asking questions about his role and gear including wanting to try the handcuffs! We know the students gained so much and were inspired!



We extend our heartfelt gratitude to everyone who participated in this year's CROP Walk, hosted by Kimball Memorial Lutheran Church in Kannapolis on October 13, 2024. Your dedication and generosity made a significant impact, as we proudly collected 643 pounds of food to support our community through CCM.

Thank you for walking with us and helping to make a difference! Together, we are fostering hope and addressing hunger in our area. We look forward to seeing you next year!

OCTOBER FOOD DRIVES

- Latter Day Saints Feed the 5K 1,117 lbs.
- Cabarrus EMS 970 lbs.
- Girl Scouts 497 lbs.
- Kimball Lutheran 418 lbs.
- Crossroads Church Stars Preschool 308 lbs.
- Kellswater Bridge Neighborhood 142 lbs.
- St. Martin Lutheran 137 lbs.
- Concord ARP & Marine Corps 132 lbs.
- Roberta Church 121 lbs.
- Trinity United Methodist 118 lbs.
- Center United Methodist 116 lbs.
- Charlotte Ski Club 105 lbs.
- University Hills Baptist 105 lbs.
- Mount Herman Lutheran 102 lbs.
- Memorial United Methodist 100 lbs.



Thank You to Pastor Greg Coleman and the amazing team of volunteers from Connect Church for their hard work at Caremoor on October

19th. The group tackled some much-needed fence and landscaping work, and, as always, they did an outstanding job. We truly appreciate your dedication to serving our community!



CCM would like to extend our heartfelt thanks to Blue Cross Blue Shield of North Carolina for its incredible support! The recent \$5,000.00 contribution will significantly boost our efforts in tackling food insecurity through the Cooperative Christian Ministry's food program.

UPCOMING EVENTS

This year, Cooperative Christian Ministry (CCM) is excited to announce our new partnership with Caremoor to provide "Senior Share & Care" shoeboxes for our residents! This initiative is a wonderful opportunity to brighten the holidays for seniors in our community.

SENIOR SHARE & CARE SHOEBOXES

Are you and your family looking for a simple way to give back this holiday season? Consider packing a shoebox full of goodies for a senior in need. Your thoughtful gifts can make a significant difference and bring joy to those who may feel lonely during the holidays.

To participate, you can fill a shoebox with thoughtful items that will bring joy and comfort to a senior.

Shoeboxes can be dropped off at our Crisis Center located at 246 Country Club Dr. NE, Concord before December 4th.

ADOPT A FAMILY THIS HOLIDAY SEASON

In addition to our partnership with Caremoor, you can also support local families in need through our "Adopt-A-Family" program. This is a meaningful way for you, your family, church group, or business to provide support during the holidays. By adopting a family, you can provide gifts and essential items that will help make their Christmas brighter.



For more information visit our <u>website</u>. To Adopt-A-Family or pack a Senior Shoebox for the holidays, contact: **Lorie Williams** at 704-490-4245 or Iwilliams@cooperativeministry.com.





CLICK TO VIEW the full Strategic Plan

LEARN MORE

COMMUNITY PRAYER REQUESTS

Join with us in supporting our community through prayer. Watch as God works around us through our faithful prayers.

PRAY WITH US



FOOD RESOURCES

The 'Cabarrus County Food Resource Map', which was created by the Hunger Task Force, is available on our website. Please share this valuable resource with the community.

VIEW MAP



SENIOR RESOURCE GUIDE

We provide resources for housing, health, transportation, and more. Click the button to see all the resources we provide.

LEARN MORE

HELP with HOUSING

Our housing programs provide the opportunity for families with children, senior adults, and other adult individuals to stop the cycle of loss, establish sustainability, and achieve housing stability.

LEARN MORE



Sign up to round up your monthly City of Concord Utility bill to the nearest dollar and help keep the air, heat, and lights on for hundreds of families in need.

Visit: https://concordnc.gov/Departments/Customer-Care/ Neighbor-Helping-Neighbor



C O O P E R A T I V E C H R I S T I A N M I N I S T R Y



NEW! CCM Career Opportunities

246 Country Club Drive NE, PO Box 1717 Concord, NC 28026 **TEL: 704-786-4709**



GIVE ONLINE: www.CooperativeMinistry.com or TEXT: ccmhelps to 44321